

Dispatch Training for Expats



How can you gain security?

The flight is booked, the visa in the bag. You are going abroad for a time, to a new culture.

A complex field of activity and a variety of new experiences lie ahead of you. We would be happy to assist you personally with our experience and expertise in the process of your expatriation. You will gain clarity and insight in order to start this phase with confidence. With your newly gained intercultural competence, the integration will succeed quickly.

Please choose from our offers „Basic“, „Standard“ and „Premium“. Individual support is of course included in each module. In addition you can always:

- Book offers bilingually
- Participate with your entire expat family
- Take advantage of the special offer for expat kids.

You can find our prices on request. Contact us [here](#).

Basic – Introduction to the culture of your host country

1-day training

The basic module gives you the necessary basic training in country studies and a basic understanding of culture stress and culture shock.

You will also receive a departure diary.

Standard – Confident arrival in your country of operation

2-day training

The standard module enables you to start your new phase with self-assurance. With intercultural knowledge and sensitivity, you can land confidently in your new work environment and discover cultural diversity.

Layout:

First day: Basic training

Second day: Individual Coaching

You will also receive:

- a departure diary
- a reference book
- 1 hour online coaching after arrival

Premium – Confident from arrival to return

2-day training & Online-Coaching

With the Premium package you are well prepared all around. Whether you leave alone, with a partner or as an expat family, you will already have a sound insight into the culture and conditions of your host country. A solid introduction to Do's and Don'ts will ensure a successful intercultural start in the country. The comprehensive knowledge of your own resources and strengths - and those of your partner - enables you to arrive smoothly in the country. With a lot of dynamism, you, your expat partner and the whole family can take advantage of the new opportunities. This is how you can get off to an agile start in your intercultural professional and private life.

Layout:

First Day: Basic Training Intercultural Competence

Second Day: Individual Intercultural Coaching

During stay abroad: 5 units of Online Expat Coaching after arrival in the country

Upon return from abroad: preparation to return 6 months in advance.

You will also receive:

- a departure diary
- a reference book
- return manual

Dispatch Training for Expats: Overview

The Basic and Standard modules can be extended with modules from the Premium module according to your individual needs. Send us an inquiry at: info@schuppener-global-transitions.com.

Service	Basis	Standard	Premium
Requirements analysis	✓	✓	✓
Clarification and concept discussion	✓	✓	✓
Intercultural basic training	✓	✓	✓
Regional Studies	✓	✓	✓
Self-perception and outside perception	✓	✓	✓
Culture stress/culture shock	✓	✓	✓
Business etiquette and negotiation for expats	x	✓	✓
Intercultural conflict management	x	✓	✓
Dealing with criticism in an intercultural environment	x	x	✓
Motivation and staff leadership	x	x	✓
Work-life balance in an intercultural environment	x	x	✓
Developing a personal action plan	x	x	✓
For expats, expat partners and expat kids	x	x	✓
5 units of intercultural online coaching during stay abroad	x	x	✓
Preparation to return from abroad 6 months in advance	x	x	✓